능률 실용영어 1

**Lesson 1 The Power of You**

1. 다음 중 단어의 영영 뜻풀이가 적절하지 않은 것은?

① fake: not real or genuine

② contain: to have or hold within

③ constantly: continuously over a period of time

④ powerful: without ability, influence or power

⑤ visualize: to form a mental image of someone or something

2. 밑줄 친 부분의 뜻풀이로 알맞지 않은 것은?

① We are sticking to the original plan.

 (…을 고수하다)

② Everyone knew that she was showing off.

 (과시하다, 으스대다)

③ He threw a party for his birthday yesterday.

 (파티를 망치다)

④ Teachers should play the role of a friend as well as a guide. (…의 역할을 하다)

⑤ This song reminds me of a man that I used to

 (…에게 ~을 생각나게 하다)

see on my way to school.

[3-4] 다음 글을 읽고, 물음에 답하시오.

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| Watching birds fly in the sky, the Wright brothers believed that someday ⒜ they would fly, too. ⒝ They "visualized" ⒞ themselves in a device for flying, and eventually, after trying many different ideas, ⒟ they built the airplane and flew. Some of the greatest leaders and inventors in history visualized great things before ⒠ they actually saw them \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_.That is the power of visualization, the act of creating vivid pictures in your mind of what you want in order to make it happen. |

3. 밑줄 친 중, 가리키는 대상이 나머지 넷과 다른 것은?

① ⒜ ② ⒝ ③ ⒞

④ ⒟ ⑤ ⒠

4. 글의 흐름상 빈칸에 들어갈 말로 가장 적절한 것은?

① fly in the sky ② play their roles

③ become a reality ④ realize their dreams

⑤ complete their goals

5. 다음 글의 밑줄 친 중, 어법상 틀린 것은?

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| When you imagine your goals ⒜ as though they've already been completed, the feeling of success and the vivid images send powerful messages to your brain. The messages make your brain ⒝ believe that you are worthy of success and ⒞ that you are ready to be successful. The more you visualize ⒟ yourself achieving your goals, ⒠ the most your mind will search for ways to make it happen. |

① ⒜ ② ⒝ ③ ⒞

④ ⒟ ⑤ ⒠

[6-9] 다음 글을 읽고, 물음에 답하시오.

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|  When you visualize a goal, try to imagine as many details as possible. Be specific: include sounds, smells and emotions. You can create ⒜ a vision board containing images of places you want to go, people you want to meet, things you'd like to have and quotes that inspire you. A vision board can be an extremely (A) tool. When NASA staff members were working on putting a man on the moon, they covered the entire wall at their research center with a large picture of the moon. The goal was clear to everyone. The more they looked at the image, the more (B) they were to get to the moon as soon as possible. ⒝ No wonder NASA reached its goal two years ahead of schedule! |

6. 위 글의 제목으로 가장 적절한 것은?

① Know What Is Important to You

② Clearly Visualize What You Want

③ Be Ready for What Is Ahead of You

④ Get Involved in What Others Do

⑤ Constantly Check What You Dream

7. 밑줄 친 ⒜ a vision board에 포함 될 수 있는 것으로 언급되지 않은 것은?

① 갖고 싶은 것 ② 영감을 주는 글귀

③ 만나고 싶은 사람 ④ 가고 싶은 곳의 사진

⑤ 꿈을 이루고 싶은 시기

8. 빈칸 (A), (B)에 들어갈 말로 가장 적절한 것은?

 (A (B)

① crucial - annoyed

② influential - frustrated

③ inconvenient - enthusiastic

④ powerful - motivated

⑤ useless - passionate

9. 밑줄 친 ⒝를 우리 말로 옮겨 쓰시오.

[10-12] 다음 글을 읽고, 물음에 답하시오.

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| *Nari*, 16 I always wanted to be an opera singer, but I needed some motivation to make it (A) happen/ to happen. (a) I put up a board in my room with quotes and pictures that inspired me. It constantly reminded me of the exciting future I could have if I stuck to my goal. I practiced hard every day, and before I knew it, I was singing in a student choir at the Sydney Opera House!*Jamie*, 18When my friend decided (B) holding/ to hold a "Come As You Will Be" party, I wasn't sure who I wanted to be. But the party's idea got me thinking. It reminded me of a TV show about lawyers that Ilike. (b) ，I attended the party (C) playing/ played the role of a lawyer. After the party, I slowly developed more confidence and self-esteem. Today, I have chosen my university major and my future job. |

10. 위 글의 내용과 일치하지 않는 것은?

① Nari는 오페라 가수가 되고 싶어 한다.

② Nari는 오페라 하우스에서 학생 합창단의 일원으로 노래를 불렀다.

③ Jamie는 ‘Come As You Will Be' 파티를 주최했다.

④ Jamie는 변호사의 모습으로 파티에 참석했다.

⑤Jamie는 파리가 끝난 후 대학 전공과 장래 직업을 정했다.

11. 빈칸 (a), ⒝에 공통으로 들어갈 말로 가장 적절한 것은?

① So ② Indeed ③ However

④ Likewise ⑤ Nevertheless

12. (A), (B), (C)의 각 네모 안에서 어법에 맞는 표현으로 가장 적절한 것은?

 (A) (B) (C)

① to happen - holding - playing

② happen - holding - played

③ to happen - to hold - playing

④ happen - to hold - playing

⑤ to happen - to hold - played

[13-16] 다음 글을 읽고, 물음에 답하시오.

 (A)

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|  If you want to maximize your chances of success, you must act as if you were already successful. This does not mean acting fake or showing off. |

 (B)

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|  Think about who you want to be and stay in character throughout the party. The more you \_\_\_\_\_\_\_\_\_\_ playing your role, the more vivid your experience will be. The positive emotions you'll feel during the evening should improve your self-esteem and the way you view yourself.  |

 (C)

|  |
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|  It means believing in yourself and thinking and feeling like you have already achieved your goal. Think clearly about who you want to be, what you want to do, and what you want to have in the future. Then, act as if you were this future self. |

 (D)

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|  Here is one thing you can easily do in your daily life to practice this: Throw a party for your friends and tell them to come as the person they want to be in 10 years. What are their jobs? What have they achieved? |

13. 다음 글의 요지로 가장 적절한 것은?

① 무엇을 하든지 자부심을 가지는 것이 중요하다.

② 먼저 자신이 무엇을 원하는지를 알아야 한다.

③ 언제나 긍정적으로 사고하는 것이 성공으로 가는 지름길이다.

④ 친구들과의 친목 도모를 위해서는 파티를 여는 것이 가장 좋은 방법이다.

⑤ 꿈을 실현하기 위해서는 이미 꿈을 이룬 것처럼 행동하는 것이 중요하다.

14. 주어진 글 (A)에 이어질 내용을 순서에 맞게 배열한 것으로 가장 적절한 것은?

① (B) - (C) - (D) ② (C) - (B) - (D)

③ (C) - (D) - (B) ④ (D) - (B) - (C)

⑤ (D) - (C) - (B)’

15. 글의 흐름상 (B)의 빈칸에 들어갈 말로 가장 적절한 것은?

① switch to ② commit to

③ are tired of ④ identify with

⑤ are disappointed at

16. (D)의 밑줄 친 as와 같은 뜻으로 쓰인 것은?

① She could no longer serve as his doctor.

② You should be as careful as possible.

③ Try as he might, he couldn't win her heart.

④ One of my friends lived in Singapore as a child.

⑤ They were all dressed as *Star Wars* characters.

[17-19] 다음 글을 읽고, 물음에 답하시오.

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|  Of course, one party alone is not going to be enough to decide your entire future. You should keep in mind the dream you want to achieve and constantly imagine yourself realizing it in 가능한 한 자세하게. (A) (Combine) with lots of practice and hard work, this will lead you to success. Always remember: Visualization is an easy, powerful way (B) (help) you realize your goals! |

17. 위 글의 목적으로 가장 적절한 것은?

① to thank ② to invite ③ to advise

④ to advertise ⑤ to complain

18. 밑줄 친 우리말과 같은 의미가 되도록 괄호 안의 단어를 바르게 배열하시오.

(possible / detail / as / much / as)

19. (A), (B)에 주어진 동사를 알맞은 형태로 고쳐 쓰시오.

(A) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

(B) \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_

1단원 모의평가 답안

[정답]

1. ④

2. ③

3. ⑤

4. ③

5. ⑤

6. ②

7. ⑤

8. ④

9. NASA가 예정보다 2년이나 앞서 목표를 달성한 것은 놀라운 일이 아니

10. ③

11. ①

12. ④

13. ⑤

14. ③

15. ②

16. ①

17. ③

18. as much detail as possible

19. (A) combined (B) to help